

Name: _____ Date: _____

QUESTIONNAIRE FOR BLACK BELT TEST

1. Who is considered the father of modern Karate?

2. Who is the founder of Wado-Kai Karate?

3. Who founded the Shintani Wado-Kai Karate Federation and what rank did this person hold?

4. Who is the head of the Shintani Wado-Kai Karate Federation and what rank does this person hold?

5. Who is the Chief Instructor of the SWKKF?

6. What is the essence of kata?

7. In the Shintani Wado-Kai Karate Federation, what mandatory katas are required to receive the following ranks?

Yellow

Orange

Green

Blue

Brown

Shodan

Nidan

Sandan

Yodan

8. What is the logo for Wado-Kai Karate?

9. What is the English translation for Wado-Kai?

10. What is the difference between Ryu and Kai?

11. What is the purpose of a Kiai?

12. What two martial arts were combined to form Wado-Kai?

13. Who are the members of the Senate of the SWKKF?

1) President:

2) Vice President:

3) Chief Instructor:

4)

5)

6)

7)

8)

9)

What are the English translations for the following terms?

Dachi

Uchi

Uke

Geri

Kumite

Kata

Kiai

Sensei

Kamai

Dojo

Gi

Tai Sabaki

Lei

Oi-Zuki

Gyaku Zuki

Shodan

Nidan

Sandan

Yodan

Godan

Rokudan

Sichidan

Hachidan

Kudan
