



# 2022 VIRTUAL CLASSES

VIA ZOOM

January to December

Every  
**2nd Sunday**  
of the month

Black belts 11-12:20pm **EST**  
Kyu belts 12:30-1:30pm **EST**

**Black Belts**

\$10/session

\$100/yr

---

**Kyu Belts**

\$10/session

\$75/yr

e-Transfer to:

**ddlabb3@gmail.com**

please include your full name

[shintani.ca](http://shintani.ca)

SWKKF

