

Shintani Wado Kai Karate Federation



MASTERS CUP NATIONAL TOURNAMENT COMPETITION

VERSION 1.0
SEPTEMBER 2021

GUIDELINES

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DOCUMENT VERSION HISTORY

DATE	VERSION	EXPLANATION
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PREFACE

The Masters Cup is a long standing tradition for the National's tournament. It is an event that is open to black belts Yodan and up in rank. This is an opportunity for black belts to participate and showcase their ability to demonstrate bunkai within Shintani Karate katas (may include Shindo katas).

COMPETITION REQUIREMENTS

- Competitors must be a Black Belt (Yodan-up)
- Competitors can utilize one or more opponents of any ranks
- Competitors will demonstrate and explain how to execute **3 to 5 Bunkai Techniques** from any karate or shindo Kata that are within the Shintani Wado Kai Karate Federation guidelines
- Complete presentation time is **6 minutes or less**.

JUDGING CRITERIA

The judging criteria will be based on **form, speed, power, explanation** and **practicality**.

METHOD OF SCORING

Centre Referee will determine the range of scoring.