

Student Name:	ORANGE	Date:	BLUE	Grader:
YELLOW		GREEN - PURPLE		BROWN - RED
Stance: Hachichi □ □	Stance: Gyako Nekowashi	Stance: Juji	Stance: Tai Sabachi	Stance: Mohabi Dachi
Zenkutsu □ □	Soichin Dachi		Side Stepping	Sunchin
Kiba □ □	(Kiba 450)			Seishan
Kokutsu □ □				Nagashi Waza
Nekowashi □ □				
Strike: Oi Zuki	Strike: Tettsui Uchi	Strike: Haito	Strike: Mawashi Zuki	Strike:
Gyako Zuki	Tate Zuki	Aura Zuki	Haito	
Shuto Uchi	Empei	Shuto Uchi		
Nukite	Reiken	(From Kokutsu)		
Zuki				
Block: Gaden	Block: Shuto	Block: Empei Uke	Block: Nagashi Tesho	Block: Jodan Uke
Ude	Morote	(Upper Arm Block)	Uke (Sweeping)	Kake Uke
Age	Hittsui (Knee)		Shuto Uke	(Hooking)
Osoto			(Slicing)	Crescent
Teisho			Haishu	(Arm and Foot)
Kakewake			(Backhand)	
Juji			Morote Kake Uke	
Tettsui				
Nami Ashi				
Kick: Mae Geri	Kick: Ushiru	Kick: Kekomi	Kick: Hittsui Geri	Kick:
Yoko		Migi Zuki Geri	Mae Tobi Geri	
Mawashi		Mawari Ushiru Geri	Mae Geri Kikomi	
Kata: Power	Kata: Chonan	Kata: Peinan Sandan	Kata: Teiki Shodan	Kata: Seisho
Peinan Shodan	Peinan Nidan	Chonan Shodan	Shopai	Sankio
			Peinan Yodan	Peinan Godan
Kumite: Two Step	Kumite: Two Step	Kumite: Two Step	Kumite: Two Step	Kumite: Two Step
Free Style	Free Style	Free Style	Free Style	Free Style
Notes:				
<i>The grader will be required to judge the above techniques, their form, execution, power and speed according to the student's capacity by recognizing the student's abilities.</i>	<i>Katas may be performed with each move called out and/or the support of a person to model each move.</i>	<i>At this rank students should be judged on their proficiency in combining basic techniques.</i>	<i>Students should be graded on the explosiveness and preciseness of combinations.</i>	<i>Students should be graded on their speed, power (focus) and hip motion. Also the attitude of the student and the drive shown.</i>
Grading Results: This student will progress to yellow belt. Yes/No. Please circle. OR This student will receive _____ stripe(s) on current belt level. Please fill in number.	Grading Results: This student will progress to orange belt. Yes/No. Please circle. OR This student will receive _____ stripe(s) on current belt level. Please fill in number.	Grading Results: This student will progress to green belt. Yes/No. Please circle. OR This student will receive _____ stripe(s) on current belt level. Please fill in number.	Grading Results: This student will progress to blue or purple belt. Yes/No. Please circle. OR This student will receive _____ stripe(s) on current belt level. Please fill in number.	Grading Results: This student will progress to brown or red belt. Yes/No. Please circle. OR This student will receive _____ stripe(s) on current belt level. Please fill in number.